# Backup - Restore

# iOS

You can backup and restore all QVM Data on your Mac or Windows-PC

## Mac

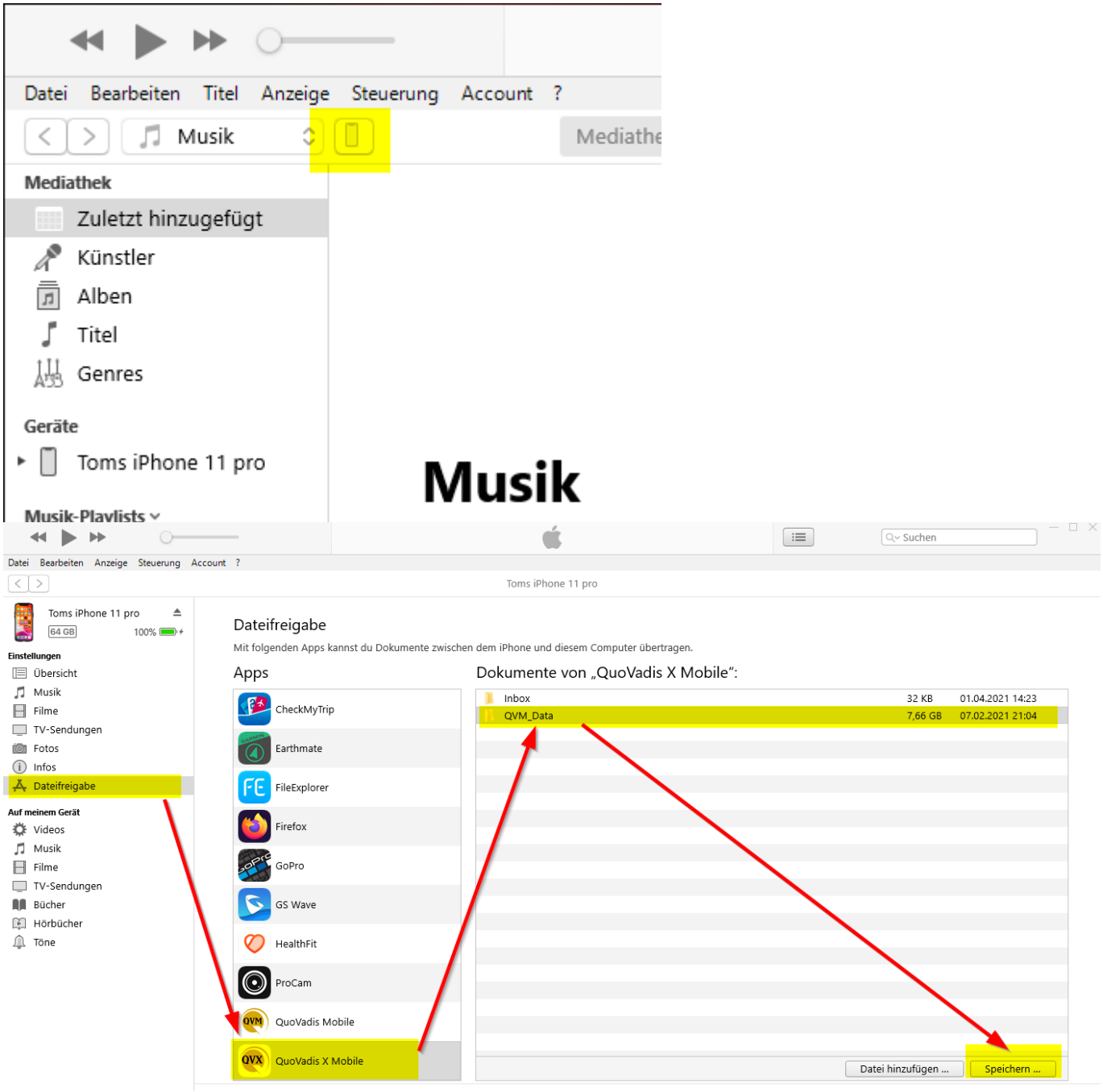
Backup 1. Connect your iPhone or iPad to Mac using Wifi or USB-cable.
2. Open Finder and click on your device in Locations section
3. Click “Files”
4. Locate “QuoVadis X Mobile”in the list of apps and click on “>”to expand the content
5. Now you see the folder “QVM_Data”
6. Drag that folder on your desktop, to copy it to your Mac. This can take a while and unfortunate Mac doesn't show any progress indicator.

Restore

1. Do same steps like with Backup 1.-5.
2. Delete existing folder “QVM-Data”from device
3. Drag previously saved folder QVM_Data from desktop into “QuoVadis X Mobile”
4. Again this can take a while and unfortunate Mac doesn't show any progress indicator.
Unfortunate its not possible to backup or restore single files inside QVM_Data, because Mac doesn't allow this.

## Windows

Backup 1. Connect your iPhone or iPad to Windows 10 PC using USB-cable.
2. Open iTunes for Windows and click on your device in Locations section
3. Click “File shares”/ “Dateifreigabe”
4. Locate “QuoVadis X Mobile”in the list of apps and click on it to see the content
5. Now you see the folder “QVM_Data”
6. Drag that folder on your desktop, to copy it to your Mac. This can take a while and unfortunate Mac doesn't show any progress indicator.




Restore

1. Do same steps like with Backup 1.-5.
2. Click with right mouse button on folder “QVM_Data”and select “Delete”/ “Löschen”from context menu
3. Click “Add Files”/ “Datei hinzufügen”and select previously saved QVM_Data folder

Unfortunate its not possible to backup or restore single files inside QVM_Data, because iTunes doesn't allow this.

From:
https://quovadis-gps.com/anleitungen/quovadis-x-mobile/ - **QuoVadis X Mobile Anleitung**

Permanent link:
**https://quovadis-gps.com/anleitungen/quovadis-x-mobile/doku.php?id=en:30_advanced:115_backup:start**

Last update: **2021/04/09 13:20**